

## ***A Day in the Life of a Ridgewood or Cutten Student***

Wear clothes and shoes you can manage without help. Wear layers of clothing as classroom windows and doors will be open to help with air ventilation. You may bring a beanie cap to keep your head warm, too.

Have an adult give you the health screening using the paper sheet provided. Remember to take the sheet with you to school.

Leave all personal items at home except school work, snack, and water bottle.

Say goodbye to your parents at the car if possible.

Follow the drop-off rules for your school. See the Parent Reopening Letter for details.

Walk to your classroom. Keep 6 feet away from others. Hand your health screening sheet to the adult at your classroom door.

You will have your temperature checked at the classroom door. Immediately put hand sanitizer on your hands.

Next, wash your hands at the sink. You may have to wait for your turn at the sink. While waiting, keep your social distance from classmates. After soaping your hands, rub them for 20 seconds. Rinse and dry your hands.

Put your belongings in the designated area your teacher has assigned to you, then go to your assigned seat.

Keep your mask on throughout the day.

If you use the restroom, keep 6 feet away from anyone in the hallway or restroom. If the bathroom already has 2 students using it, wait outside until one student leaves.

While in your classroom be careful to use the materials that your teacher has given to you. Do not share materials.

If you are thirsty, drink from your water bottle; put your mask back on as soon as you're done.

During snack time, remove your mask while eating. When finished eating put your mask back on.

During recess, stay in the area that has been designated for your class. Keep 6 feet of social distance from your classmates. At this time, you are not allowed to play on the equipment.

After recess and anytime you enter your classroom immediately put hand sanitizer on your hands. Then walk directly to the sink to wash your hands. At the end of the day gather your backpack or belongings. Listen to your teacher. S/he may have important information to share. Walk with your class keeping physical distance from the student in front of you.

Look for your pick-up person and do not leave your line until excused by the teacher or aide.

Complete any assignments your teacher has given you once you get home.