



# Cutten-Ridgewood Record

*Building a better world...  
one student at a time.*

Ridgewood (707) 441-3930 • Cutten (707) 441-3900

[www.cuttensd.org](http://www.cuttensd.org)



@CuttenSchools

October 14, 2024

**- Show Your Tiger Pride -  
Wear Cutten Gear or  
Blue and Gold Friday**

**School Board Meeting, Monday,  
October 14, 6:00. RW School  
Site Council Meeting, Tuesday,  
October 15, 5:30. RW School**

## HALLOWEEN

On Thursday, October 31, students may wear Halloween costumes to school.

### **Costume Guidelines:**

- ★ Masks may be worn during the parade only.
- ★ Please leave ALL handheld accessories at home.
- ★ Students should wear school appropriate footwear, and be able to learn comfortably and play safely.
- ★ We request school appropriate themes only, avoiding suggestive or violent themes.
- ★ Also, because of their fragility and the space they require, we ask that **inflatable costumes not be worn to school.**

**There will be a Halloween Costume Parade and Sing-along at Ridgewood at 8:45 am and Cutten School at 1:00 pm on the playground. Families are welcome to attend!**

## REFLECTIONS

Do you enjoy art, music, and dance or have an interest in writing, producing films and taking photos? Then join us and have fun unleashing your inner artist with PTA Reflections! Pick up submission guidelines and an entry form today from Teresa McGinnis, [crptareflections@gmail.com](mailto:crptareflections@gmail.com). Deadline date is November 18, 2024. For inspiration, visit the Reflections virtual art gallery and learn more about prizes and scholarships at [PTA Reflections Program](#)

***Cutten gates open 15 minutes before school dismisses each day. Please do not arrive earlier than that so as not to block traffic.***

## MULTICULTURAL NIGHT

What an incredible multicultural event! A heartfelt thank you to Teresa McGinnis for organizing it, and to all the presenters for their wonderful contributions. It was truly inspiring to see such a vibrant array of cultures represented!

## CUTTEN GIRLS' BASKETBALL

A huge congratulations to all the girls who tried out for the Cutten girls' basketball team. Although it was a very difficult decision for our Athletic Director and coaches, the team has been selected. We wish them a successful season!

## VETERANS' DAY AT THE MCKAY

We have created a team called "Cutten Elementary-Tiger Pride" here is the link for staff, students and parents to join the team: [Veterans' Day at the McKay](#). Adults get a \$5 discount by registering with a team and kids are FREE when registering as a team.

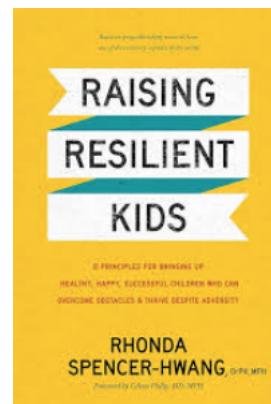
## STAFF INSERVICE NOVEMBER 1ST

Cutten/Ridgewood Schools will be closed, Friday, November 1st, for a staff inservice.

## CHARACTER COUNTS

Next week both our schools will be participating in Character Counts! Week. Since 1993, the US President, US Senate, state governors, and officials around the world have proclaimed the third week in October as Character Counts! Week. Each day, students will be learning about a different character trait, and we will have a dress-up theme for each day. See attached flier.

This book was recommended to us by a Cutten parent. It looks great!





At Cutten and Ridgewood Schools



**Monday, October 21 - Pillars of Character Day**  
Wear your favorite color

**Tuesday, October 22 - My Character Counts**  
Wear pajamas or comfy clothes

**Wednesday, October 23 - Team up for Good Character**  
Sports team or athlete wear

**Thursday, October 24 - Good Character is Past, Present, and Future**  
Dress as a superhero or a favorite hero from past, present or future

**Friday, October 25 - Character Counts at School**  
Wear black and orange

# PRE-HOLIDAY HACKS

## For Parents

*Guide your family more smoothly through the busy holiday season*

Workshops for caregivers of children up to age 8.  
All workshops are **FREE** and take place on **Wednesdays from 10-11:30am**.  
Attend one, two, or all three.

November  
6th

### The Power of Routines

We will discuss the importance of routines for young children, and how to prepare for changes in routines during the holiday season. Participants will create a picture schedule to take home.

November  
13th

### Managing Anger...in Kids and Grown-ups

This workshop will look at anger and accompanying emotions. We will discuss and practice strategies to help our children manage their emotions, as well as our own emotions. Participants will take home a set of cards with techniques to use with their families.

November  
20th

### The ABCs of Tantrums

Tantrums are a typical, yet challenging, part of early childhood. We will explore the causes of tantrums, and how to support children before, during, and after tantrums. We will also discuss tips on reducing the frequency of tantrums.

**Location:** Humboldt Educational Resource Center-  
Redwood Room-Humboldt County Office of Education  
901 Myrtle Avenue, Eureka

*For adults; babies in-arms are welcome.*

For more information or  
to register call Hailey  
at 707.613.3183, or register here



Humboldt County Office of Education

**Early Education  
Department**





NATIONAL PTA  
REFLECTIONS

2024-2025  
**CALL FOR  
ENTRIES!**

# Accepting Imperfection

**Explore the arts and express yourself!**



**DANCE**  
CHOREOGRAPHY PRODUCTION



**FILM**  
PRODUCTION



**LITERATURE**



**MUSIC**  
COMPOSITION



**PHOTOGRAPHY**



**VISUAL ARTS**

## Get involved!

**Deadline for Entries:**

November 18, 2024  
3 PM

**For Details:**

[crptareflections@gmail.com](mailto:crptareflections@gmail.com)